

Lap Band Lifestyle

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Before having lap band surgery, Cynthia claimed she did not want to go out of the house other than when necessary and did not date.

Since having lap band surgery, Cynthia said she feels like a new person and she is one of many where Lap Band Provided a Solution.

Cynthia notes that her ultimate weight loss is 90 pounds and she hopes to someday be down at around 145-150 pounds when all is said and done.

Having seen that Lap Band Provided a Solution, Cynthia appears well on her way to her weight loss goals and is even a happier person these days.