

Attempts to Lose Weight

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Lap band surgery candidates also are normally looked at as being two times their ideal weight, have been seriously overweight for a number of five years or longer, have made serious attempts to lose weight with only short-term success, and do not drink alcohol in excessive amounts.

It is also important that a potential lap band candidate does not have any other disease that may have resulted in their obesity in order to meet the Needed Lap Band Requirements.

Lap band candidates should also be ready to be willing to make major alterations in their eating habits along with their lifestyle.

While eligibility for the lap band procedure is not limited to the above-mentioned criteria, lap band specialist can sit down with the potential candidate to see if her or she meets the Needed Lap Band Requirements.